

## ABLE Accounts

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ABLE accounts are tax-advantaged savings and investment accounts. They can help people and families pay for disability-related expenses. They can also help save for the future.

Any eligible person (the account owner) can open an ABLE account. If a person cannot create their own, one may be created for them. You can visit the website for the ABLE program you choose. Check the ABLE program for details on who can open an account.

### Who Can Have an ABLE Account?

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There are rules for who is eligible. Do you have a disability that was present before the age of 26? You are likely eligible. You can read more about who can own an account [here](#).

### Is an ABLE Account Right for Me?

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Do you want to save for disability-related expenses? An ABLE account might help. It lets you save while keeping needs-based public benefits. (This may be Supplemental Security Income (SSI) and/or Medicaid benefits.) ABLE accounts with \$100,000 or less do not count for your SSI resource limit. This way, you'll continue to be eligible for needs-based benefits.

The account owner can put up to \$15,000 in their account each year. This limit may increase if they work and earn income. Other people can put money in, too.

## ABLE Accounts Can Help Pay For:

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- ✓ Education
- ✓ Transportation
- ✓ Housing
- ✓ Health and Wellness
- ✓ Financial Management
- ✓ Legal Fees
- ✓ Assistive Technology
- ✓ and more

## Compare ABLE Plans

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There are different kinds of ABLE accounts. They are available nationwide. Most states accept people living out of state. Each plan is a little different.

The [ABLE National Resource Center](#) is a good source of info. It lets you compare different state plans. Here are some things to think about:

- What info is needed to open the account?
- Is there a fee to open an account?
- What are the investment options?
- Is there a debit card available with the program?



## North Carolina ABLE Account

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A North Carolina ABLE account is just one option. Setting up a North Carolina ABLE account is fast and easy.

NC ABLE accounts are opened online on the [NC ABLE website](#). Before opening an account, make sure to look at NC ABLE's investment options [here](#).

To set up an NC ABLE account, you need basic info. This includes your name, address, date of birth, and your social security number.

You can look at [this checklist](#) to make sure that you have what you need. If you want to open an NC ABLE account, click here to get started: [nc.savewithable.com](http://nc.savewithable.com)

## More Resources

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- [ABLE National Resource Center](#)
- [ABLE Account Tax Benefits](#)
- [NC ABLE](#)
- [NC ABLE Plan Benefits](#)



Rethinking Guardianship is a North Carolina initiative promoting less restrictive alternatives to guardianship, and creating long-term changes in the state's guardianship system.

[rethinkingguardianshipnc.org](http://rethinkingguardianshipnc.org)